

4-H Grow & Give Resources



GROW & GIVE
MODERN VICTORY GARDEN PROJECT

 | 
COLORADO STATE UNIVERSITY
EXTENSION

DO YOU WANT TO MAKE AN IMPACT TO
ADDRESS HUNGER IN YOUR COMMUNITY?

Join Grow & Give!

CSU Extension's Grow & Give program was created to address food insecurity in Colorado by connecting backyard and community gardens to food banks and donation sites across the state. The Grow & Give program helps provide participants with resources to both 'Grow' and 'Give' their garden's bounty to those in need.

- Learn to grow food for donation, help with organizing donations and tell your story
- Work together as a club or make an individual impact
- For more information, visit growgive.extension.colostate.edu/4-h

#4HGrowAndGive

PURPOSE

The Grow & Give program encourages average Coloradans to prioritize food gardening by growing extra to give locally. CSU staff provide existing resources, develop new resources and create a one-stop shop for Coloradoan's food growing and food donating needs, helping to foster gardening success and a connection between gardens and local emergency food providers.

WHAT WILL YOU BE LEARNING AND DOING?

4-H clubs have the opportunity to **participate with a community service or service learning project**. While the details will be up to your particular county, basic steps for community service participation could include:

- Learning to grow food/garden
- Planning a garden (with intent to donate)
- Planting the garden
- Maintaining the garden (water, fertilizer, pests etc.)
- Harvesting the garden
- Organizing a drop off or distribution point (possible even without a garden)
- Donating produce

WHAT IS YOUR IMPACT?

- Helping local communities
- There are numerous opportunities for working with local foodbanks/donation centers
- Potential for state-wide impact data and information

TELL YOUR STORY!

- Create a poster or display for your County 4-H Fair or submit your work as a community service project
- Report your donations on the Grow & Give website
- Post your photos on social media using the hashtag #4HGrowAndGive